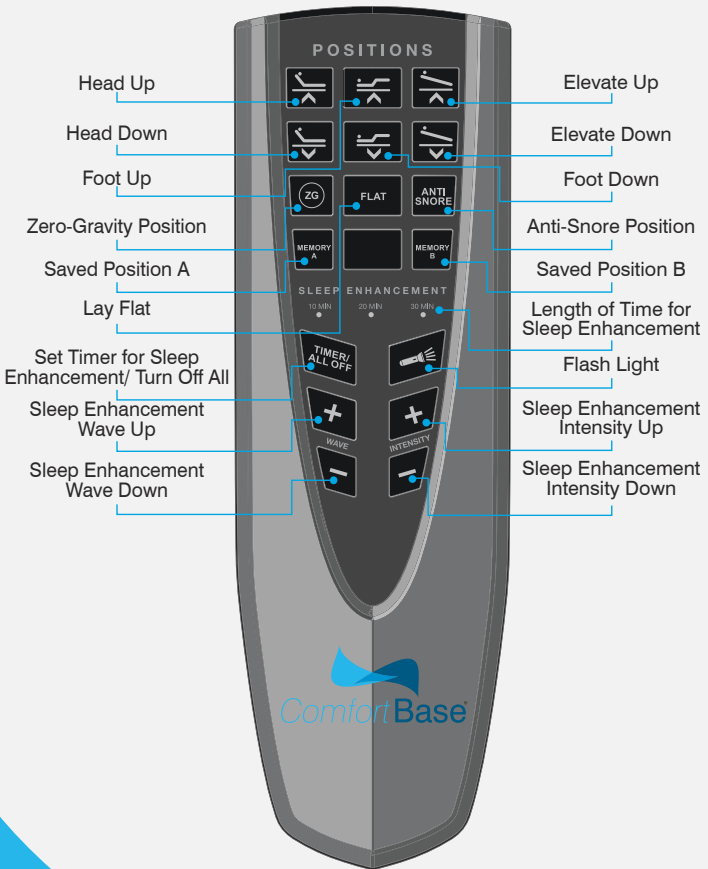


# ASCEND



# REMOTE FUNCTIONS



## Zero Gravity Position

When you lie flat on your back you put pressure and tension on your spinal column and back muscles. By laying or sleeping in Zero Gravity position you relieve this tension and pressure, improving circulation and comfort.



## Anti-Snore Position

This pre-set position is designed to help reduce snoring, heartburn, sleep apnea, and acid reflux.



## Memory Functions

Memory A and Memory B can be programmed to a custom position.

**Step 1:** Click the "Flat" button to flatten the bed;

**Step 2:** Adjust the Head and Foot to desired position.

**Step 3:** Press and hold Timer/All Off button for 3sec, until backlight LED starts flashing;

**Step 4:** Release "Timer/All Off" button, then click "Memory A" or "Memory B" button before LED stops flashing. The flashing will then stop immediately to indicate that the custom position has been correctly saved.

To return the Memory buttons to factory settings or reset, hold the "Timer/All Off" button for 6 seconds.

## Sleep Enhancement

Sleep Enhancement may help ease the body to sleep and creates a white noise effect through total body vibration.

To turn on the Sleep Enhancement feature, press either of the + or – buttons. Press the "Timer/All Off" button to set the timer or turn completely off. Experiment with the different Wave and Intensity settings to find what is most comfortable to you. The higher the intensity, the more beneficial it will be to your body.



## Elevate Lift Feature

The patented Elevate feature allows the entire base to raise at an incline of up to 12 degrees. This lift feature can be used in tandem or be operated separately from the head and foot incline. The Elevate feature may provide relief to heartburn, acid reflux, and GERD.



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**Have Questions or Need Assistance?**

Call 1-855-581-3095 or email [comfortbase@glideaway.com](mailto:comfortbase@glideaway.com)

**GLIDEAWAY**