GRAND



Head Up

Head Down

Foot Up

Zero-Gravity Position

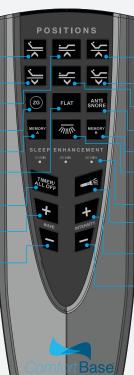
Saved Position A

Lay Flat

Set Timer for Sleep Enhancement/ Turn Off All

> Sleep Enhancement Wave Up

Sleep Enhancement Wave Down



Head and Foot Up

Head and Foot Down

Foot Down

Anti-Snore Position

Saved Position B

Under-Bed Lights

Length of Time for Sleep Enhancement

Flash Light

Sleep Enhancement Intensity Up

Sleep Enhancement Intensity Down

REMOTE FUNCTIONS



Zero Gravity Position

When you lie flat on your back you put pressure and tension on your spinal column and back muscles. By laying or sleeping in Zero Gravity position you relieve this tension and pressure, improving circulation and comfort.



Anti-Snore Position

This pre-set position is designed to help reduce snoring, heartburn, sleep apnea, and acid reflux.





Memory Functions

Memory A and Memory B can be programmed to a custom position.

Step 1: Click the "Flat" button to flatten the bed;

Step 2: Adjust the Head and Foot to desired position.

Step 3: Press and hold Timer/All Off button for 3sec, until backlight LED starts flashing;

Step 4: Release "Timer/All Off" button, then click "Memory A" or "Memory B" button before LED stops flashing. The flashing will then stop immediately to indicate that the custom position has been correctly saved.

To return the Memory buttons to factory settings or reset, hold the "Timer/All Off" button for 6 seconds.



LED Under-Bed Lighting

The LED Under-bed lighting will turn off on it's own after 5 minutes. Tip: Use this to get out of bed without disturbing your partner.

Sleep Enhancement

Sleep Enhancement may help ease the body to sleep and creates a white noise effect through total body vibration.

To turn on the Sleep Enhancement feature, press either of the + or – buttons. Press the "Timer/All Off" button to set the timer or turn completely off. Experiment with the different Wave and Intensity settings to find what is most comfortable to you. The higher the intensity, the more beneficial it will be to your body.



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